

PRACTICE | QUALIFYING DAY SCHEDULE

Order



Est. times

7:00 AM Tech/Reg Open

FREE PRACTICE (D GROUP) Ultra Lightweight 20 Minute Sessions 8:00 AM 8:20 AM (C GROUP) Lightweight 8:40 AM (B GROUP) Middleweight 9:00 AM (A GROUP) Heavyweight 9:20 AM (D GROUP) Ultra Lightweight 9:40 AM (C GROUP) Lightweight 10:00 AM (B GROUP) Middleweight 10:20 AM (A GROUP) Heavyweight 10:40 AM (D GROUP) Ultra Lightweight 11:00 AM (C GROUP) Lightweight 11:20 AM (B GROUP) Middleweight 11:40 AM (A GROUP) Heavyweight 12:00 PM BREAK 30 Minute Lunch Break 12:40 PM (D GROUP) Ultra Lightweight (C GROUP) Lightweight 1:00 PM 1:20 PM (B GROUP) Middleweight 1:40 PM (A GROUP) Heavyweight BREAK 2:00 PM PREP FOR QUALIFYING 2:30 PM (D GROUP) Ultra Lightweight Qualifying 2:45 PM (C GROUP) Lightweight 3:00 PM (B GROUP) Middleweight 3:15 PM (A GROUP) Heavyweight 3:30 PM (D GROUP) Ultra Lightweight (C GROUP) Lightweight 3:45 PM (B GROUP) Middleweight 4:00 PM (A GROUP) Heavyweight 4:15 PM 4:30 PM 5:00 PM TRACK COLD

NOTES

